Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul> <li>11:00am Chair Yoga</li> <li>2:00pm Watercolor Painting</li> <li>3:00pm Decorating the Christmas Tree</li> <li>4:00pm Group Crossword</li> </ul>	<ul> <li>10:45am City Market Shopping</li> <li>11:00am Chair Tai Chi</li> <li>1:00pm Korean Drama Watch Club</li> <li>2:30pm Making Holiday Suncatchers</li> <li>4:00pm Bingo!</li> </ul>	<ul> <li>11:00am Morning Exercise</li> <li>2:00pm Hot Chocolate Bar</li> <li>3:00pm Making Snowflake Ornaments</li> <li>4:00pm Jeopardy</li> <li>6:15pm Wednesday Movie Night</li> </ul>	<ul> <li>3 • 11:00am Drumming Exercise</li> <li>• 2:00pm Sopris Knitting Circle</li> <li>• 3:00pm Residents Bridge Game</li> <li>• 4:00pm Happy Hour in IL</li> <li>• 5:00pm Thursday Night Football</li> </ul>	<ul> <li>11:00am Chair Stretching</li> <li>2:00pm Spanish Class</li> <li>3:00pm Oil Painting with Rachel Windh</li> <li>4:00pm Trivial Pursuit</li> <li>6:15pm Friday Movie Night</li> </ul>	<ul> <li>10:15am Saturday         Morning Guided Meditation     </li> <li>2:30pm Group Puzzle</li> <li>3:30pm Watching Americas         National Parks on Hulu     </li> </ul>
<ul> <li>10:00am Reading the Morning Paper</li> <li>2:30pm Balloon Volley Ball</li> <li>3:00pm Hand Massages</li> </ul>	<ul> <li>11:00am Chair Yoga</li> <li>2:00pm Watercolor Painting</li> <li>3:00pm Making Winter Table Decor</li> <li>4:00pm Group Crossword</li> </ul>	<ul> <li>10:45am City Market Shopping</li> <li>11:00am Chair Tai Chi</li> <li>1:00pm Korean Drama Watch Club</li> <li>2:30pm Christmas Tree Coloring</li> <li>4:00pm Bingo!</li> </ul>	<ul> <li>11:00am Morning Exercise</li> <li>1:30pm Target Trip</li> <li>2:30pm Jeopardy</li> <li>3:30pm Resident Council</li> <li>6:15pm Wednesday Movie Night</li> </ul>	<ul> <li>11:00am Drumming Exercise</li> <li>2:00pm Sopris Knitting Circle</li> <li>3:00pm Residents Bridge Game</li> <li>4:00pm Happy Hour in IL</li> <li>5:00pm Thursday Night Football</li> </ul>	11:00am Chair Stretching 2:00pm Spanish Class 3:00pm Scrabble 6:15pm Friday Movie Night	<ul> <li>10:15am Saturday         Morning Guided Meditation</li> <li>2:30pm Group Puzzle</li> <li>3:30pm Watching Americas         National Parks on Hulu</li> </ul>
<ul> <li>10:00am Reading the Morning Paper</li> <li>2:30pm Balloon Volley Ball</li> <li>3:00pm Hand Massages</li> </ul>	11:00am Chair Yoga 2:00pm Watercolor Painting 3:00pm Hannukah Documentary 4:00pm Group Crossword	<ul> <li>11:00am Chair Tai Chi</li> <li>1:00pm Korean Drama Watch Club</li> <li>2:00pm Making Chocolate Dreidels</li> <li>3:00pm Playing Dreidel</li> <li>4:00pm Bingo!</li> </ul>	<ul> <li>10:00am Carbondale     Library Book Pop-Up</li> <li>11:00am Morning Exercise</li> <li>2:00pm Eating Latkes</li> <li>4:00pm Jeopardy</li> <li>6:15pm Wednesday Movie     Night</li> </ul>	17 • 11:00am Drumming Exercise • 2:00pm Sopris Knitting Circle • 2:30pm Writing our Names in Hebrew • 3:00pm Residents Bridge Game	<ul> <li>11:00am Chair Stretching</li> <li>2:00pm Spanish Class</li> <li>3:00pm Oil Painting with Rachel Windh</li> <li>4:00pm Holiday Happy Hour</li> <li>6:15pm Friday Movie Night</li> </ul>	<ul> <li>10:15am Saturday         Morning Guided Meditation     </li> <li>2:30pm Group Puzzle</li> <li>3:30pm Watching Americas         National Parks on Hulu     </li> </ul>
<ul> <li>10:00am Reading the Morning Paper</li> <li>2:30pm Balloon Volley Ball</li> <li>3:00pm Hand Massages</li> </ul>	<ul> <li>11:00am Chair Yoga</li> <li>2:00pm Watercolor Painting</li> <li>3:00pm Holiday Party</li> <li>3:30pm Holiday Sing Along</li> <li>4:00pm Group Crossword</li> </ul>	2 10:45am City Market Shopping 11:00am Chair Tai Chi 1:00pm Korean Drama Watch Club 2:30pm Building Christmas Houses 4:00pm Bingo!	<ul> <li>11:00am Morning     Exercise</li> <li>1:30pm Jeopardy</li> <li>2:00pm Decorating Holiday     Cookies</li> <li>6:15pm Wednesday Movie     Night</li> </ul>	24 • 11:00am Drumming Exercise • 2:00pm Sopris Knitting Circle • 3:00pm Residents Bridge Game • 5:00pm Thursday Night Football	<ul> <li>11:00am Chair Stretching</li> <li>2:00pm Kwanza     Documentary</li> <li>3:00pm Cranology Card     Game with Jude</li> <li>6:15pm Friday Movie Night</li> </ul>	<ul> <li>10:15am Saturday         Morning Guided Meditation     </li> <li>2:30pm Group Puzzle</li> <li>3:30pm Watching Americas         National Parks on Hulu     </li> </ul>
<ul> <li>10:00am Reading the Morning Paper</li> <li>2:30pm Balloon Volley Ball</li> <li>3:00pm Hand Massages</li> </ul>	<ul> <li>11:00am Chair Yoga</li> <li>2:00pm Watercolor Painting</li> <li>3:00pm Backgammon</li> <li>4:00pm Group Crossword</li> </ul>	9 9:45am Meditation with Anne 10:45am City Market Shopping 11:00am Chair Tai Chi 1:00pm Korean Drama Watch Club 4:00pm Bingo!	<ul> <li>11:00am Morning     Exercise</li> <li>2:00pm Writing New Year     Resolutions</li> <li>3:00pm Eating 12 Grapes</li> <li>4:00pm Jeopardy</li> <li>6:15pm Wednesday Movie     Night</li> </ul>	December 2025 Sopris Lodge Assisted Living		