

# February 2026

Sopris Sanctuary

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 11:00am MC Puzzle Time</div> <div><div></div> 2:00pm Hand Massages</div> <div><div></div> 3:30pm Snack Break</div> <div><div></div> 6:00pm Sensory Board Wind Down</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Yoga</div> <div><div></div> 1:30pm Darts</div> <div><div></div> 2:00pm Groundhog Day Predictions</div> <div><div></div> 2:30pm Watching Ballroom Dances</div> <div><div></div> 3:00pm Making Heart Gnomes</div> <div><div></div> 3:30pm Trail Mix Snack Break</div> <div><div></div> 4:00pm Sensory Board Wind Down</div> <div><div></div> 5:15pm I Love Lucy and Tea</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Tai Chi</div> <div><div></div> 1:30pm Balloon Volleyball</div> <div><div></div> 2:30pm Watching an Elvis Concert</div> <div><div></div> 3:00pm Making Chocolate Dipped Strawberries</div> <div><div></div> 3:30pm Eating Chocolate Dipped Strawberries</div> <div><div></div> 4:00pm Flipping through Memory Books</div> <div><div></div> 4:45pm Set the Dinner Table</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 11:30am Chair Stretching</div> <div><div></div> 1:30pm Heart Toss</div> <div><div></div> 2:00pm Making Heart Garland</div> <div><div></div> 2:30pm Watching a Piano Recital</div> <div><div></div> 3:00pm Community Walk</div> <div><div></div> 3:30pm Cookie Snack Break</div> <div><div></div> 4:00pm Mahjong</div> <div><div></div> 4:00pm Shaping Clay Heart Beads</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Dancing</div> <div><div></div> 1:30pm Painting Puzzle Pieces</div> <div><div></div> 2:00pm Pass the Heart</div> <div><div></div> 2:30pm Frank Sinatra Sing Along</div> <div><div></div> 3:00pm Nail Care Time</div> <div><div></div> 3:30pm Cheese Cracker Snack Break</div> <div><div></div> 4:00pm Tic Tac Toe</div> <div><div></div> 4:45pm Set the Dinner Table</div> <div><div></div> 5:15pm I Love Lucy and Tea</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Drumming Exercise</div> <div><div></div> 1:30pm Music Bingo</div> <div><div></div> 2:00pm Making Heart Puzzle Piece Wreaths</div> <div><div></div> 3:00pm Tea Party</div> <div><div></div> 4:00pm Valentine Tower Building</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 2:00pm Afternoon Stretch</div> <div><div></div> 3:30pm Snack Break</div>
<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 2:00pm Hand Massages</div> <div><div></div> 3:30pm Snack Break</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Yoga</div> <div><div></div> 1:30pm Color Match</div> <div><div></div> 2:00pm Painting Clay Heart Beads</div> <div><div></div> 2:30pm Watching an Ice Skating Performance</div> <div><div></div> 3:00pm Making Pizzas</div> <div><div></div> 3:30pm Eating Our Pizzas</div> <div><div></div> 4:00pm A Look at the History and Traditions of Valentine's Day on YouTube</div> <div><div></div> 4:30pm Heart Scratch Painting</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Tai Chi</div> <div><div></div> 1:30pm Cup Bowling</div> <div><div></div> 2:00pm Watercolor Hour</div> <div><div></div> 2:30pm Listening to Chamber Music</div> <div><div></div> 3:00pm Making Valentine Cards</div> <div><div></div> 3:30pm Cracker Snack Break</div> <div><div></div> 4:00pm Chocolate Cards</div> <div><div></div> 4:45pm Set the Dinner Table</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 11:30am Chair Stretching</div> <div><div></div> 1:30pm Making Name Love Bugs</div> <div><div></div> 2:00pm Valentine Sensory Dig</div> <div><div></div> 2:30pm Watching 50's Jitterbug Dances</div> <div><div></div> 3:00pm Heart Ring Toss</div> <div><div></div> 3:30pm Hydration Break</div> <div><div></div> 4:00pm Card Suit Organizing</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Dancing</div> <div><div></div> 1:30pm Armchair Travel to New Orleans</div> <div><div></div> 2:30pm Watching a Nat King Cole Performance</div> <div><div></div> 3:00pm Nail Care Time</div> <div><div></div> 3:30pm Pretzel Snack Break</div> <div><div></div> 4:00pm Hook a Heart</div> <div><div></div> 4:45pm Set the Dinner Table</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Drumming Exercise</div> <div><div></div> 1:30pm Afternoon Dancing</div> <div><div></div> 2:00pm Making Valentines Day Bracelets</div> <div><div></div> 2:30pm Valentines Day Celebration</div> <div><div></div> 3:00pm Heart Darts</div> <div><div></div> 3:15pm Decorating Valentine Cookies</div> <div><div></div> 3:45pm Cupid Floats</div> <div><div></div> 4:15pm Love Song Sing Along</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 2:00pm Afternoon Stretch</div> <div><div></div> 3:30pm Snack Break</div>
<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 2:00pm Hand Massages</div> <div><div></div> 3:30pm Snack Break</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Yoga</div> <div><div></div> 1:30pm Watching Chinese Boat Races</div> <div><div></div> 2:30pm Listening to Chinese Traditional Instruments</div> <div><div></div> 3:00pm The History of Presidents Day, George Washington, and Abraham Lincoln on Youtube</div> <div><div></div> 3:30pm Hydration Break</div> <div><div></div> 4:00pm Group Coloring</div> <div><div></div> 5:15pm I Love Lucy and Tea</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Tai Chi</div> <div><div></div> 1:30pm Scenic Drive of RVR</div> <div><div></div> 2:00pm Watercolor Hour</div> <div><div></div> 2:30pm Watching the Mardi Gras Parade</div> <div><div></div> 3:00pm Making our own Mardi Gras Masks</div> <div><div></div> 3:30pm Hurricane Punch Break</div> <div><div></div> 4:45pm Set the Dinner Table</div> <div><div></div> 6:00pm Monopoly Game Night</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 11:30am Chair Stretching</div> <div><div></div> 1:30pm Making Chinese Lanterns</div> <div><div></div> 2:00pm Making Popsicle Stick Puzzles</div> <div><div></div> 2:30pm Singing in the Rain</div> <div><div></div> 3:00pm Item Detective</div> <div><div></div> 3:30pm Snack Break</div> <div><div></div> 4:00pm Sensory Room White Noise Wind Down</div> <div><div></div> 4:30pm Recipe Matchup</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Dancing</div> <div><div></div> 1:30pm Post Card Matchup</div> <div><div></div> 2:00pm Guess the Word</div> <div><div></div> 2:30pm Playing the Maracas</div> <div><div></div> 3:00pm Nail Care Time</div> <div><div></div> 3:30pm Cookie Snack Break</div> <div><div></div> 4:45pm Set the Dinner Table</div> <div><div></div> 5:15pm I Love Lucy and Tea</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Drumming Exercise</div> <div><div></div> 1:00pm Music Bingo</div> <div><div></div> 2:00pm Popsicle Stick Puzzles</div> <div><div></div> 2:30pm Sensory Room Relaxation</div> <div><div></div> 3:00pm Tea Party</div> <div><div></div> 4:00pm Memories in the Making Painting</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 2:00pm Afternoon Stretch</div> <div><div></div> 3:30pm Snack Break</div>
<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 2:00pm Hand Massages</div> <div><div></div> 3:30pm Snack Break</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Yoga</div> <div><div></div> 1:30pm Jenga</div> <div><div></div> 2:00pm Cup Stacking</div> <div><div></div> 2:30pm Listening to Classical Music</div> <div><div></div> 3:00pm Play to Remember Shape Maker</div> <div><div></div> 3:30pm Cheese Cracker Snack Break</div> <div><div></div> 4:00pm Sensory Sand Animals</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Tai Chi</div> <div><div></div> 1:30pm Scent Matchup</div> <div><div></div> 2:00pm Watercolor Hour</div> <div><div></div> 3:00pm Watching an Andrea Bocelli Performance</div> <div><div></div> 3:30pm Snack Break</div> <div><div></div> 4:00pm Sensory Slime Stretches</div> <div><div></div> 4:45pm Set the Dinner Table</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 11:30am Chair Stretching</div> <div><div></div> 1:30pm Balloon Volleyball</div> <div><div></div> 2:00pm Sensory Room Group Coloring</div> <div><div></div> 2:30pm Shirley Temple Sing Along</div> <div><div></div> 3:00pm Sensory Boards</div> <div><div></div> 3:30pm Popcorn Snack Break</div> <div><div></div> 4:00pm Mahjong</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Chair Dancing</div> <div><div></div> 1:30pm Armchair Travel to China</div> <div><div></div> 2:30pm Watching Ballroom Dances</div> <div><div></div> 3:00pm Nail Care Time</div> <div><div></div> 3:30pm Pretzel Snack Break</div> <div><div></div> 4:45pm Set the Dinner Table</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 10:30am Drumming Exercise</div> <div><div></div> 1:30pm Darts</div> <div><div></div> 2:00pm Bingo</div> <div><div></div> 2:30pm Community Walk</div> <div><div></div> 3:00pm Tea Party</div> <div><div></div> 4:00pm Setting the Dinner Table</div>	<div><div></div> 9:30am Reading the Morning Paper Together</div> <div><div></div> 2:00pm Afternoon Stretch</div> <div><div></div> 3:30pm Snack Break</div>