

February 2026

Sopris Sanctuary

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Yellow: 9:30am Reading the Morning Paper Together Orange: 11:00am MC Puzzle Time Pink: 2:00pm Hand Massages Green: 3:30pm Snack Break Purple: 6:00pm Sensory Board Wind Down</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Yoga Orange: 1:30pm Darts Yellow: 2:00pm Groundhog Day Predictions Red: 2:30pm Watching Ballroom Dances Teal: 3:00pm Making Heart Gnomes Green: 3:30pm Trail Mix Snack Break Orange: 4:00pm Sensory Board Wind Down Purple: 5:15pm I Love Lucy and Tea</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Tai Chi Orange: 1:30pm Balloon Volleyball Red: 2:30pm Watching an Elvis Concert Green: 3:00pm Making Chocolate Dipped Strawberries Green: 3:30pm Eating Chocolate Dipped Strawberries Pink: 4:00pm Flipping through Memory Books Blue: 4:45pm Set the Dinner Table</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 11:30am Chair Stretching Orange: 1:30pm Heart Toss Teal: 2:00pm Making Heart Garland Red: 2:30pm Watching a Piano Recital Blue: 3:00pm Community Walk Green: 3:30pm Cookie Snack Break Orange: 4:00pm Mahjong Teal: 4:00pm Shaping Clay Heart Beads</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Dancing Teal: 1:30pm Painting Puzzle Pieces Teal: 2:00pm Pass the Heart Red: 2:30pm Frank Sinatra Sing Along Blue: 3:00pm Nail Care Time Green: 3:30pm Cheese Cracker Snack Break Orange: 4:00pm Tic Tac Toe Blue: 4:45pm Set the Dinner Table Purple: 5:15pm I Love Lucy and Tea</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Drumming Exercise Orange: 1:30pm Music Bingo Teal: 2:00pm Making Heart Puzzle Piece Wreaths Pink: 3:00pm Tea Party Orange: 4:00pm Valentine Tower Building</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 2:00pm Afternoon Stretch Green: 3:30pm Snack Break</p>
<p>Yellow: 9:30am Reading the Morning Paper Together Pink: 2:00pm Hand Massages Green: 3:30pm Snack Break</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Yoga Orange: 1:30pm Color Match Teal: 2:00pm Painting Clay Heart Beads Red: 2:30pm Watching an Ice Skating Performance Green: 3:00pm Making Pizzas Green: 3:30pm Eating Our Pizzas Yellow: 4:00pm A Look at the History and Traditions of Valentine's Day on YouTube Teal: 4:30pm Heart Scratch Painting</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Tai Chi Orange: 1:30pm Cup Bowling Teal: 2:00pm Watercolor Hour Red: 2:30pm Listening to Chamber Music Teal: 3:00pm Making Valentine Cards Green: 3:30pm Cracker Snack Break Orange: 4:00pm Chocolate Cards Blue: 4:45pm Set the Dinner Table</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 11:30am Chair Stretching Teal: 1:30pm Making Name Love Bugs Orange: 2:00pm Valentine Sensory Dig Red: 2:30pm Watching 50's Jitterbug Dances Orange: 3:00pm Heart Ring Toss Green: 3:30pm Hydration Break Orange: 4:00pm Card Suit Organizing</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Dancing Yellow: 1:30pm Armchair Travel to New Orleans Red: 2:30pm Watching a Nat King Cole Performance Blue: 3:00pm Nail Care Time Green: 3:30pm Pretzel Snack Break Orange: 4:00pm Hook a Heart Blue: 4:45pm Set the Dinner Table</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Drumming Exercise Blue: 1:30pm Afternoon Dancing Teal: 2:00pm Making Valentines Day Bracelets Pink: 2:30pm Valentines Day Celebration Orange: 3:00pm Heart Darts Green: 3:15pm Decorating Valentine Cookies Green: 3:45pm Cupid Floats Red: 4:15pm Love Song Sing Along</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 2:00pm Afternoon Stretch Green: 3:30pm Snack Break</p>
<p>Yellow: 9:30am Reading the Morning Paper Together Pink: 2:00pm Hand Massages Green: 3:30pm Snack Break</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Yoga Yellow: 1:30pm Watching Chinese Boat Races Red: 2:30pm Listening to Chinese Traditional Instruments Yellow: 3:00pm The History of Presidents Day, George Washington, and Abraham Lincoln on YouTube Green: 3:30pm Hydration Break Teal: 4:00pm Group Coloring Purple: 5:15pm I Love Lucy and Tea</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Tai Chi Blue: 1:30pm Scenic Drive of RVR Teal: 2:00pm Watercolor Hour Red: 2:30pm Watching the Mardi Gras Parade Teal: 3:00pm Making our own Mardi Gras Masks Green: 3:30pm Hurricane Punch Break Blue: 4:45pm Set the Dinner Table Orange: 6:00pm Monopoly Game Night</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 11:30am Chair Stretching Teal: 1:30pm Making Chinese Lanterns Teal: 2:00pm Making Popsicle Stick Puzzles Red: 2:30pm Singing in the Rain Teal: 3:00pm Item Detective Green: 3:30pm Snack Break Pink: 4:00pm Sensory Room White Noise Wind Down Orange: 4:30pm Recipe Matchup</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Dancing Orange: 1:30pm Post Card Matchup Orange: 2:00pm Guess the Word Red: 2:30pm Playing the Maracas Blue: 3:00pm Nail Care Time Green: 3:30pm Cookie Snack Break Blue: 4:45pm Set the Dinner Table Purple: 5:15pm I Love Lucy and Tea</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Drumming Exercise Orange: 1:00pm Music Bingo Yellow: 2:00pm Popsicle Stick Puzzles Pink: 2:30pm Sensory Room Relaxation Pink: 3:00pm Tea Party Teal: 4:00pm Memories in the Making Painting</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 2:00pm Afternoon Stretch Green: 3:30pm Snack Break</p>
<p>Yellow: 9:30am Reading the Morning Paper Together Pink: 2:00pm Hand Massages Green: 3:30pm Snack Break</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Yoga Orange: 1:30pm Jenga Orange: 2:00pm Cup Stacking Red: 2:30pm Listening to Classical Music Yellow: 3:00pm Play to Remember Shape Maker Green: 3:30pm Cheese Cracker Snack Break Orange: 4:00pm Sensory Sand Animals</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Tai Chi Orange: 1:30pm Scent Matchup Teal: 2:00pm Watercolor Hour Red: 3:00pm Watching an Andrea Bocelli Performance Green: 3:30pm Snack Break Orange: 4:00pm Sensory Slime Stretches Blue: 4:45pm Set the Dinner Table</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 11:30am Chair Stretching Orange: 1:30pm Balloon Volleyball Teal: 2:00pm Sensory Room Group Coloring Red: 2:30pm Shirley Temple Sing Along Green: 3:00pm Sensory Boards Green: 3:30pm Popcorn Snack Break Orange: 4:00pm Mahjong</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Chair Dancing Yellow: 1:30pm Armchair Travel to China Red: 2:30pm Watching Ballroom Dances Blue: 3:00pm Nail Care Time Green: 3:30pm Pretzel Snack Break Blue: 4:45pm Set the Dinner Table</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 10:30am Drumming Exercise Orange: 1:30pm Darts Orange: 2:00pm Bingo Blue: 2:30pm Community Walk Pink: 3:00pm Tea Party Pink: 4:00pm Setting the Dinner Table</p>	<p>Yellow: 9:30am Reading the Morning Paper Together Blue: 2:00pm Afternoon Stretch Green: 3:30pm Snack Break</p>