

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:00am Reading the Morning Paper 2:30pm Board Game Hour 3:00pm Hand Massages	11:00am Chair Yoga 2:00pm Watercolor Painting 3:00pm Learning About and Celebrating Purim 4:00pm Bingo! 6:00pm The Summer I Turned Pretty on Prime	9:45am Meditation with Anne 10:45am City Market Shopping 11:00am Chair Tai Chi 2:00pm Mahjong 3:00pm Baking Club: Making M&M Cookies 4:00pm Group Crossword	11:00am Morning Exercise 1:30pm Target Trip 2:00pm Puzzle Time 4:00pm Jeopardy 6:00pm Wednesday Movie Night: Rental Family on Hulu	11:00am Drumming Exercise 2:00pm Garden Club Interest Meeting 3:00pm Residents Bridge Game 4:00pm Happy Hour in IL	11:30am Senior Stroll at the Power Arts Museum 2:00pm Spanish Class 3:00pm Scrabble 4:00pm Feminists: What Were They Thinking? On Netflix 6:00pm Friday Movie Night: Train Dreams on Netflix	11:00am Morning Exercise 2:00pm Painting 3:30pm How It's Made on Hulu	
10:00am Reading the Morning Paper 2:30pm Board Game Hour 3:00pm Hand Massages	11:00am Chair Yoga 2:00pm Watercolor Painting 3:00pm Mahjong 4:00pm Bingo! 6:00pm The Summer I Turned Pretty on Prime	9:45am Meditation with Anne 10:45am City Market Shopping 11:00am Chair Tai Chi 2:00pm Making Peanut Clusters 3:00pm Short Story Reading 4:00pm Group Crossword	11:00am Morning Exercise 2:30pm AL Resident Council Meeting 3:00pm Movie and Activity Meeting 4:00pm Trivial Pursuit 6:00pm Wednesday Movie Night: The Rip on Netflix	11:00am Drumming Exercise 2:00pm Making Irish Potato Candies 3:00pm Music from Karen and Jennifer 3:00pm Residents Bridge Game 4:00pm Happy Hour in IL	11:00am Chair Stretching 2:00pm Spanish Class 3:00pm Scrabble 6:00pm Friday Movie Night: Cover Up on Netflix	11:00am Morning Exercise 2:00pm Painting 3:30pm How It's Made on Hulu	
10:00am Reading the Morning Paper 2:30pm Board Game Hour 3:00pm Hand Massages	11:00am Chair Yoga 2:00pm Watercolor Painting 3:00pm Mahjong 4:00pm Bingo! 6:00pm The Summer I Turned Pretty on Prime	9:45am Meditation with Anne 10:45am City Market Shopping 11:00am Chair Tai Chi 2:00pm Making Shamrock Pretzels 3:00pm Making a Clover Collage 4:00pm Group Crossword	11:00am Morning Exercise 2:00pm Making Mason Jar Candle Holders 3:00pm The Early History of Carbondale, A Historical Society Presentation 4:00pm Trivial Pursuit 6:00pm Wednesday Movie Night: Wake Up Dead Man: A Knives Out Mystery on Netflix	11:00am Drumming Exercise 2:00pm Watering Our Plants 3:00pm Residents Bridge Game 4:00pm Happy Hour in IL	11:00am Chair Stretching 2:00pm Spanish Class 3:00pm Scrabble 4:00pm Spring,- The Return of Life. On YouTube 6:00pm Friday Movie Night: The Life of Chuck on Hulu	11:00am Morning Exercise 2:00pm Painting 3:30pm How It's Made on Hulu	
10:00am Reading the Morning Paper 2:30pm Board Game Hour 3:00pm Hand Massages	11:00am Chair Yoga 2:00pm Watercolor Painting 3:00pm Boggle 4:00pm Bingo! 6:00pm The Summer I Turned Pretty on Prime	9:45am Meditation with Anne 10:45am City Market Shopping 11:00am Chair Tai Chi 2:00pm Let Make Chia Pudding 3:00pm Mahjong 4:00pm Group Crossword	11:00am Morning Exercise 1:30pm Target Trip 2:30pm Land of the Panda Documentary on YouTube 4:00pm Jeopardy 6:00pm Wednesday Movie Night: Caught Stealing on Netflix	11:00am Drumming Exercise 2:00pm Sopris Knitting Circle 3:00pm Residents Bridge Game 4:00pm Happy Hour in IL	11:00am Chair Stretching 2:00pm Spanish Class 3:00pm Scrabble 6:00pm Friday Movie Night: Springsteen: Deliver Me from Nowhere on Hulu	11:00am Morning Exercise 2:00pm Painting 3:30pm How It's Made on Hulu	
10:00am Reading the Morning Paper 2:30pm Board Game Hour 3:00pm Hand Massages	11:00am Chair Yoga 2:00pm Watercolor Painting 3:00pm Mahjong 4:00pm Bingo! 6:00pm The Summer I Turned Pretty on Prime	9:45am Meditation with Anne 10:45am City Market Shopping 11:00am Chair Tai Chi 2:00pm Art at Hand: Pattern Play 3:00pm Jewelry Making 4:00pm Group Crossword	<h1>March 2026</h1> <h2>Sopris Lodge Assisted Living</h2>			<h1>Happy Birthday!</h1> <p>March 17th Nancy T.</p>	