

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>May 2026</h1> <h2>Sopris Sanctuary</h2>		<h3>Happy Birthday!</h3> <h3>Sherry- May 21st</h3>			<p>9:30am Reading the Morning Paper Together 10:30am Drumming Exercise 1:30pm Music Bingo 2:00pm Puzzle Time 3:00pm Tea Party</p>	<p>9:30am Reading the Morning Paper Together 10:00am Watching the Kentucky Derby on Peacock 2:00pm Afternoon Stretch 3:30pm Snack Break</p>
<p>9:30am Reading the Morning Paper Together 2:00pm Hand Massages 3:30pm Snack Break</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Yoga 1:30pm Tic Tac Toe 2:30pm Watching the Sound of Music 3:30pm Hydration Break</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Tai Chi 1:30pm May Day Flowers 2:00pm Watercolor Hour 2:30pm Watching Folklorico Dances 3:00pm Battle of Puebla, May 5th: A Day of Glory on Youtube 3:30pm Chips and Guacamole Snack Break 4:00pm Ball Toss</p>	<p>9:30am Reading the Morning Paper Together 11:30am Chair Stretching 1:30pm Making Hand Soap Bars 2:30pm Playing the Maracas 3:00pm Making Mothers Day Cards 3:30pm Cheese Cracker Snack Break 4:00pm Outdoor Cornhole</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Dancing 1:30pm Armchair Travel to Africa 2:30pm Watching a Andre Rieu Performance 3:00pm Sorting Bottle Caps 4:00pm Making Pressed Flower Bookmarks 4:45pm Set the Dinner Table</p>	<p>9:30am Reading the Morning Paper Together 10:30am Drumming Exercise 1:30pm Balloon Volleyball 3:00pm Tea Party 4:00pm Watching Ice Skating</p>	<p>9:30am Reading the Morning Paper Together 2:00pm Afternoon Stretch 3:30pm Snack Break</p>
<p>9:30am Reading the Morning Paper Together 2:00pm Hand Massages 3:30pm Snack Break</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Yoga 1:30pm Sunbathing 2:00pm Knock the Cups 2:30pm Listening to Classical Music 3:00pm Ring Toss 3:30pm Cookie Snack Break 4:00pm Flipping Through Memory Books 5:15pm I Love Lucy and Tea</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Tai Chi 2:00pm Let's Assemble Crepes 2:30pm Musicals Sing Along 3:00pm Watercolor Hour 4:00pm Making Concierge Thank You Cards 4:45pm Set the Dinner Table 6:00pm Monopoly Game Night</p>	<p>9:30am Reading the Morning Paper Together 11:30am Chair Stretching 12:00pm Patio Lunch Outing 1:30pm Rio Grande Walk 2:00pm Birdwatching 2:30pm Listening to Elton John 3:00pm Puzzle Time 3:30pm Goldfish Snack Break 4:00pm Making Ladybug Magnets</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Dancing 2:00pm Clay Time 2:30pm Watching Rhythmic Gymnastics 3:00pm Dominoes 3:30pm Peanut Snack Break 4:00pm Table Topics: Favorite Fruit 4:45pm Set the Dinner Table 5:15pm I Love Lucy and Tea</p>	<p>9:30am Reading the Morning Paper Together 10:30am Drumming Exercise 1:30pm Music Bingo 2:00pm The Lost Tapes: Malcolm X on Youtube 3:00pm Tea Party</p>	<p>9:30am Reading the Morning Paper Together 2:00pm Afternoon Stretch 3:30pm Snack Break</p>
<p>9:30am Reading the Morning Paper Together 2:00pm Hand Massages 3:30pm Snack Break</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Yoga 1:30pm Jeopardy 2:30pm Watching a Ballet Performance 3:00pm Hangman 3:30pm Snack Break 4:00pm Afternoon Stretch</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Tai Chi 2:00pm Watercolor Hour 2:30pm Watching a Piano Recital 3:00pm Let's Make Orange Fluff 3:30pm Eating our Orange Fluff 4:00pm Jenga 4:45pm Set the Dinner Table</p>	<p>9:30am Reading the Morning Paper Together 11:30am Chair Stretching 1:30pm Community Walk 2:00pm Making Thank You Cards For Kitchen Staff 2:30pm Sing Along with Marissa 3:00pm Magnetic Fishing 3:30pm Graham Cracker Snack Break 4:00pm Reading Spring Poems</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Dancing 1:30pm Armchair Travel to Antarctica 2:30pm Watching Ballroom Dances 3:30pm Hydration Break 4:00pm Ping Pong Basketball 4:45pm Set the Dinner Table</p>	<p>9:30am Reading the Morning Paper Together 10:30am Drumming Exercise 1:30pm I Spy Detective 3:00pm Tea Party 4:00pm Kings in a Corner</p>	<p>9:30am Reading the Morning Paper Together 2:00pm Afternoon Stretch 3:30pm Snack Break</p>
<p>9:30am Reading the Morning Paper Together 2:00pm Hand Massages 3:30pm Snack Break</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Yoga 2:00pm Postcard Match Up 2:30pm Listening to 50's Music 3:00pm Listening to Nature Sounds in the Courtyard 3:30pm Popcorn Snack Break 4:00pm Word Association 5:15pm I Love Lucy and Tea</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Tai Chi 2:00pm Watercolor Hour 2:30pm Watching an Acapella Performance 3:00pm Word Search 3:30pm Orange Snack Break 4:00pm Sensory Sand 4:45pm Set the Dinner Table</p>	<p>9:30am Reading the Morning Paper Together 11:30am Chair Stretching 1:30pm Walking the True Nature Garden 2:30pm Watching Shirly Temple Performances 3:30pm Trailmix Snack Break</p>	<p>9:30am Reading the Morning Paper Together 10:30am Chair Dancing 2:30pm Watching an Elvis Performance 3:30pm Cookie Snack Break 4:45pm Set the Dinner Table 5:15pm I Love Lucy and Tea</p>	<p>9:30am Reading the Morning Paper Together 10:30am Drumming Exercise 1:30pm Music Bingo 2:00pm How Baby Animals Survive in the Wild on Youtube 3:00pm Tea Party</p>	<p>9:30am Reading the Morning Paper Together 2:00pm Afternoon Stretch 3:30pm Snack Break</p>
<p>9:30am Reading the Morning Paper Together 2:00pm Hand Massages 3:30pm Snack Break</p>						