

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Happy Birthday ----- Sharon P. 6/17</p>	<p>11:00am Chair Yoga ¹ 2:00pm Watercolor Painting 4:00pm Bingo!</p>	<p>9:45am Meditation with Anne ² 11:00am Chair Pilates 2:00pm Rummikub 4:00pm Group Crossword</p>	<p>10:15am Walking to the Farmers Market ³ 11:00am Morning Exercise 4:00pm Jeopardy 6:00pm Wednesday Movie Night: Mike and Nick and Nick and Alice on Hulu</p>	<p>10:00am Chair Yoga with Anne ⁴ 11:00am Drumming Exercise 2:00pm Walking the True Nature Garden 3:00pm Residents Bridge Game</p>	<p>11:00am Chair Stretching ⁵ 2:00pm Spanish Class 3:00pm Scrabble 6:00pm Friday Movie Night: And so it goes on Netflix</p>	<p>11:00am Morning Exercise ⁶ 2:00pm Painting 3:30pm How It's Made on Hulu</p>	
	<p>10:00am Reading the Paper ⁷ 2:00pm Board Game Hour 3:00pm Hand Massages</p>	<p>11:00am Chair Yoga ⁸ 2:00pm Watercolor Painting 3:00pm Watching On The Ground: D-Day As It Happened on Youtube 4:00pm Bingo!</p>	<p>9:45am Meditation with Anne ⁹ 11:00am Chair Pilates 2:00pm Mahjong 3:00pm Making Fruit Mochi 4:00pm Group Crossword</p>	<p>10:15am Walking to the Farmers Market ¹⁰ 2:30pm AL Resident Council 4:00pm Riding the Stationary Bikes 6:00pm Wednesday Movie: Is This Thing On?</p>	<p>10:00am Chair Yoga with Anne ¹¹ 2:00pm Technology Help with Aaliyah 3:00pm Residents Bridge Game 4:00pm Happy Hour in IL</p>	<p>11:00am Chair Stretching ¹² 2:00pm Spanish Class 3:00pm Music from Jimmy Byrne 3:00pm Scrabble 6:00pm Friday Movie Night</p>	<p>11:00am Morning Exercise ¹³ 2:00pm Painting 3:30pm How It's Made on Hulu</p>
	<p>10:00am Reading the Paper ¹⁴ 2:00pm Board Game Hour 3:00pm Hand Massages</p>	<p>11:00am Chair Yoga ¹⁵ 2:00pm Watercolor Painting 3:00pm Bingo!</p>	<p>9:45am Meditation with Anne ¹⁶ 11:00am Chair Pilates 2:00pm Making Fathers Day Cards 4:00pm Group Crossword</p>	<p>10:00am Carbondale Library Book Pop-Up ¹⁷ 2:00pm Birthday Celebration 4:00pm Trivial Pursuit 6:00pm Wednesday Movie Night: Train Dreams on Netflix</p>	<p>10:00am Chair Yoga with Anne ¹⁸ 2:00pm Juneteenth: A Story of Reconciliation and Unity on Youtube 3:00pm Residents Bridge Game 4:00pm Happy Hour in IL</p>	<p>11:00am Chair Stretching ¹⁹ 2:00pm Spanish Class 3:00pm Scrabble 6:00pm Friday Movie Night: Hit Man on Netflix</p>	<p>11:00am Morning Exercise ²⁰ 2:00pm Painting 3:30pm How It's Made on Hulu</p>
	<p>10:00am Reading the Paper ²¹ 2:00pm Board Game Hour 3:00pm Hand Massages</p>	<p>11:00am Chair Yoga ²² 2:00pm Watercolor Painting 3:00pm Rummikub 4:00pm Bingo!</p>	<p>9:45am Meditation with Anne ²³ 11:00am Chair Pilates 2:00pm Movie and Activity Meeting 4:00pm Group Crossword</p>	<p>10:15am Walking to the Farmers Market ²⁴ 11:30am Casa Tequila Lunch Outing 4:00pm Jeopardy 6:00pm Wednesday Movie Night: The Devil Wears Prada on Hulu</p>	<p>10:00am Chair Yoga with Anne ²⁵ 3:00pm Residents Bridge Game 4:00pm Happy Hour in IL</p>	<p>11:00am Chair Stretching ²⁶ 2:00pm Spanish Class 3:00pm Scrabble 6:00pm Friday Movie Night: Knives Out (on Neflix)</p>	<p>11:00am Morning Exercise ²⁷ 2:00pm Painting 3:30pm How It's Made on Hulu</p>
	<p>10:00am Reading the Paper ²⁸ 2:00pm Board Game Hour 3:00pm Hand Massages</p>	<p>11:00am Chair Yoga ²⁹ 2:00pm Watercolor Painting 3:00pm Mahjong 4:00pm Bingo!</p>	<p>9:45am Meditation with Anne ³⁰ 2:00pm Making Dirty Sodas 3:00pm Watching Planetary Defenders on Youtube 4:00pm Group Crossword</p>	<p style="text-align: center;">June 2026 Sopris Lodge Assisted Living</p>			